

Anti-inflammatory Medication

	<u>NSAIDS (Non-steroidal Anti-inflammatory Drugs)</u> e.g. Advil® (ibuprofen), Naprosyn® (naproxen), Voltaren® (diclofenac), Vimovo® (Naproxen plus esomeprazole)
How does the medicine work?	Reduces inflammation, joint swelling, and stiffness.
How to take the medicine?	May be taken regularly or as needed. Take with food to reduce stomach irritation. Should not take more than 1 type of NSAID.
When will it start working?	Improvement within a few hours. May take up to 1 to 2 weeks for noticeable improvement in some people.
What are the side effects?	Stomach irritation, nausea and vomiting. Taking too much amounts may cause kidney toxicity.